

THE 2008 YOUTH RISK BEHAVIOR SURVEY

The school systems included in the “aggregate”

- Acton-Boxborough
- Concord-Carlisle
- Groton-Dunstable
- Littleton Public
- Maynard Public
- Westford Public

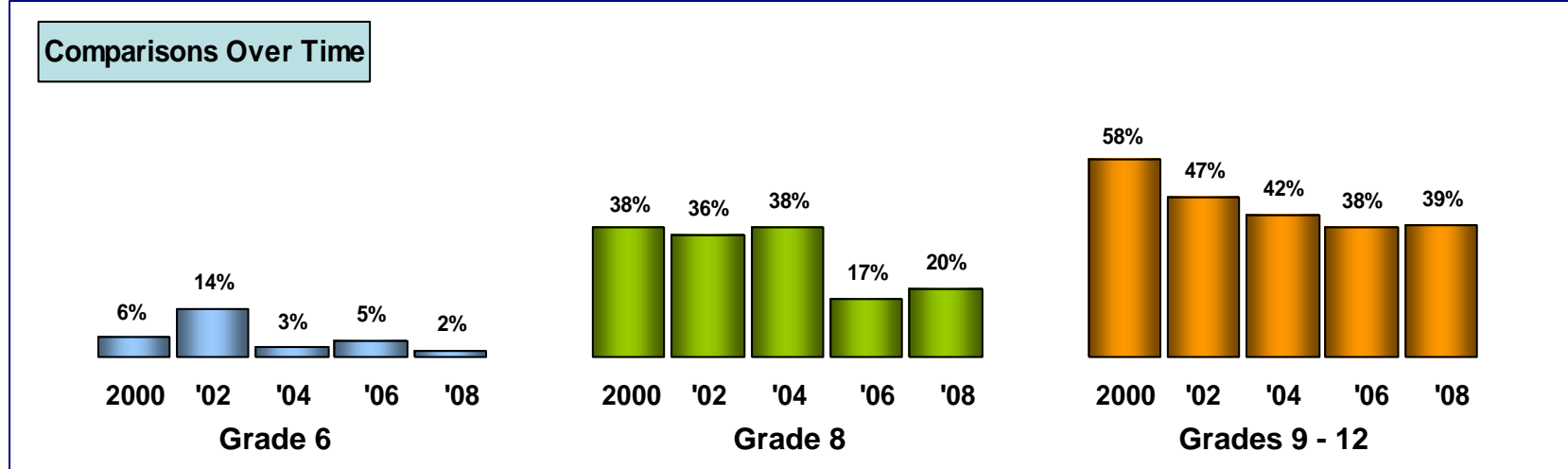
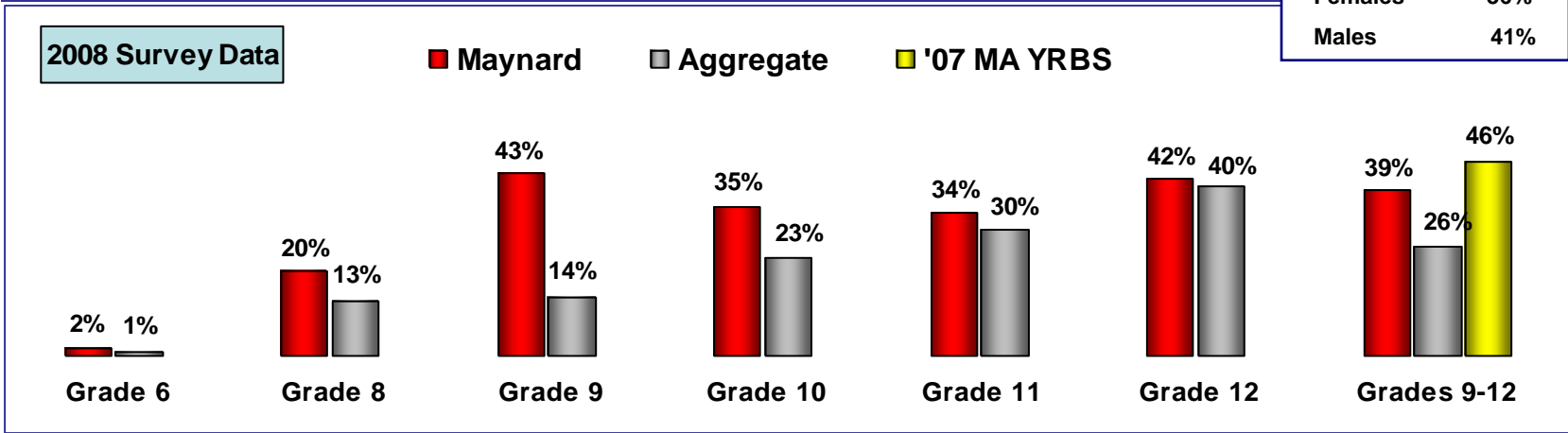
Positive Trends

- Tobacco Use
- Alcohol Consumption
- Drug Use
- Bullying
- Riding in a car without wearing a seatbelt
- Riding with an impaired driver
- Watching TV
- Skipping Breakfast

Maynard 2008 YRBS Tobacco Use

Ever tried cigarette smoking

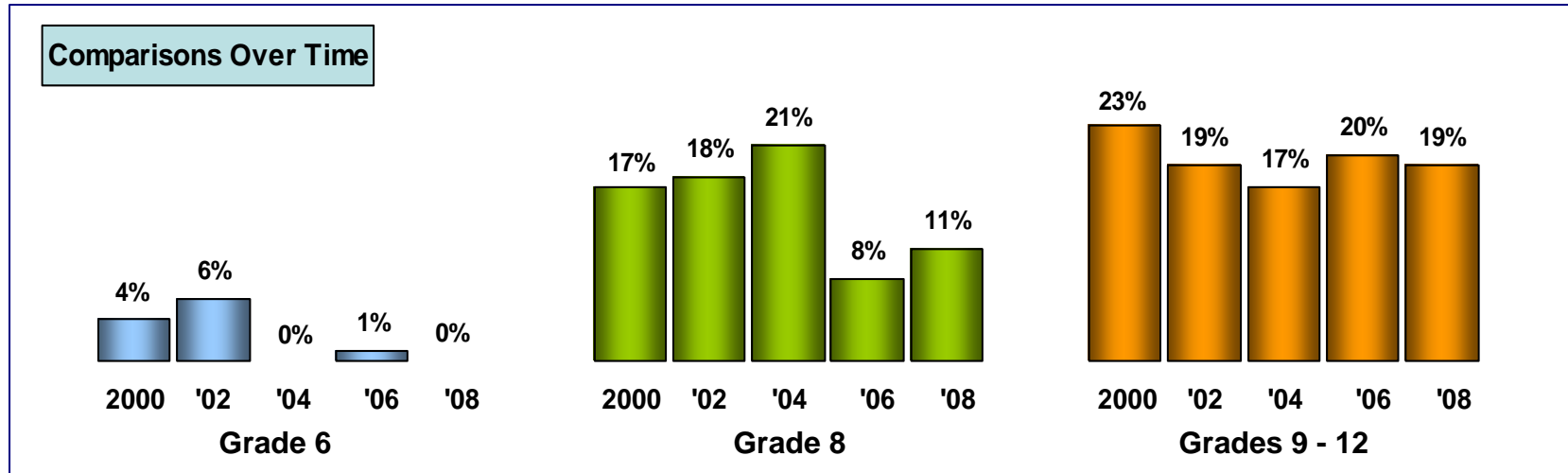
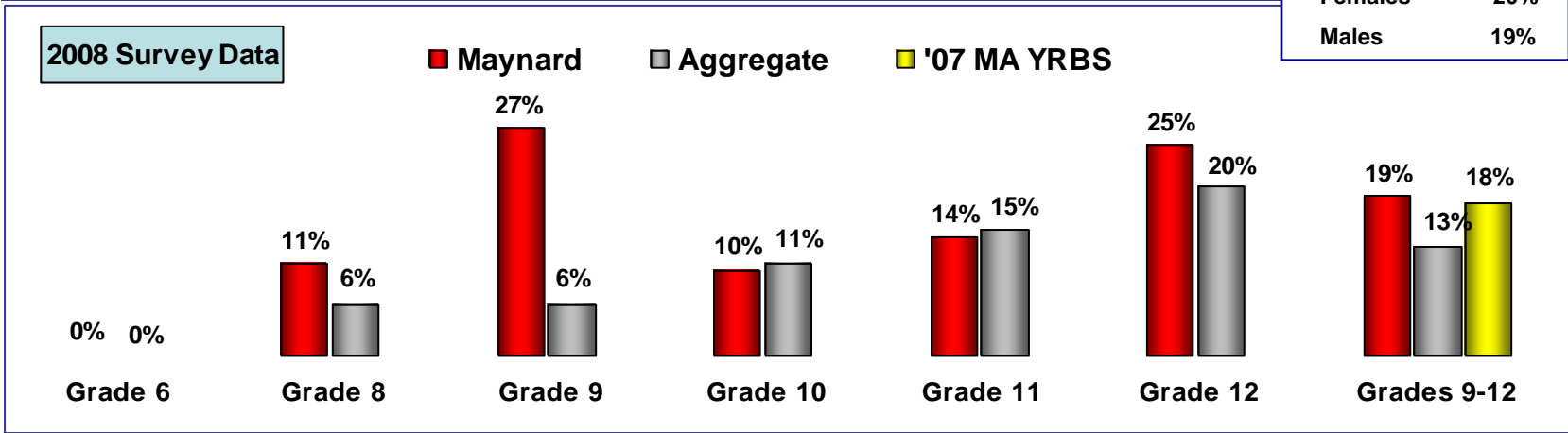
Grades 9-12 Combined	
2008	
Females	36%
Males	41%



Maynard 2008 YRBS Tobacco Use

Recent cigarette use (past month)

Grades 9-12 Combined	
2008	
Females	20%
Males	19%

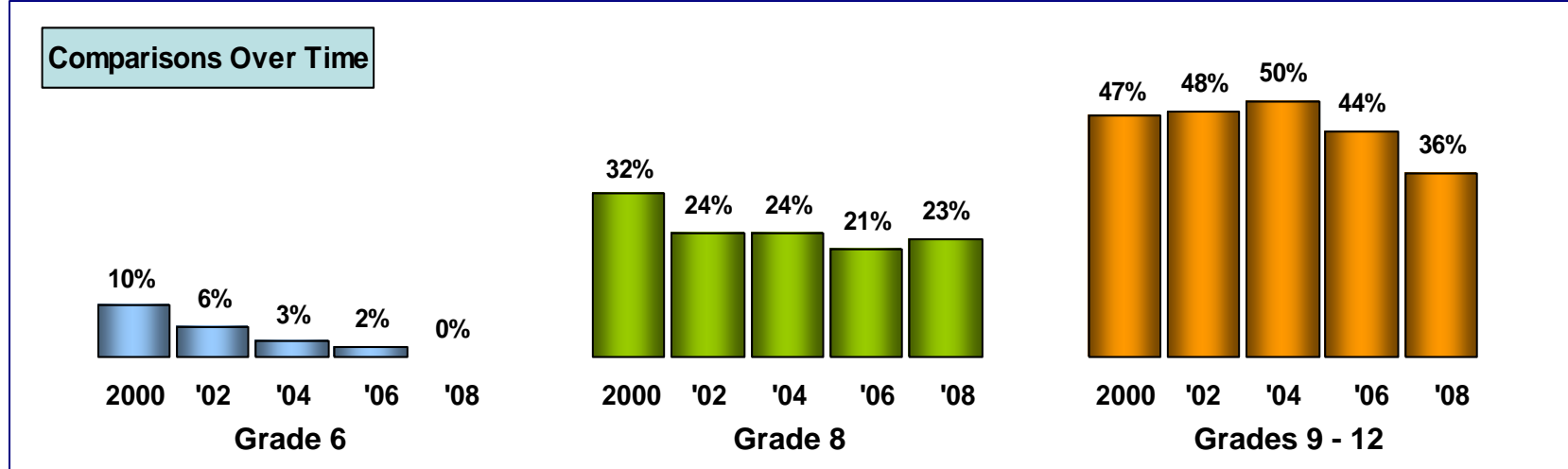
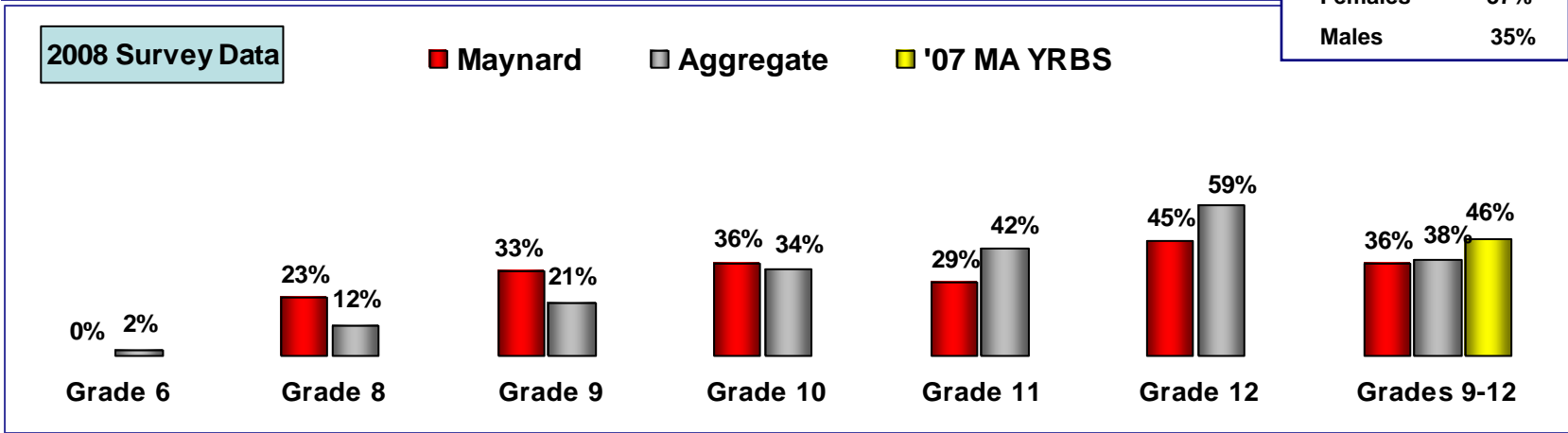


Maynard 2008 YRBS

Alcohol Use

Recent alcohol use (past month)

Grades 9-12 Combined	
<u>2008</u>	
Females	37%
Males	35%

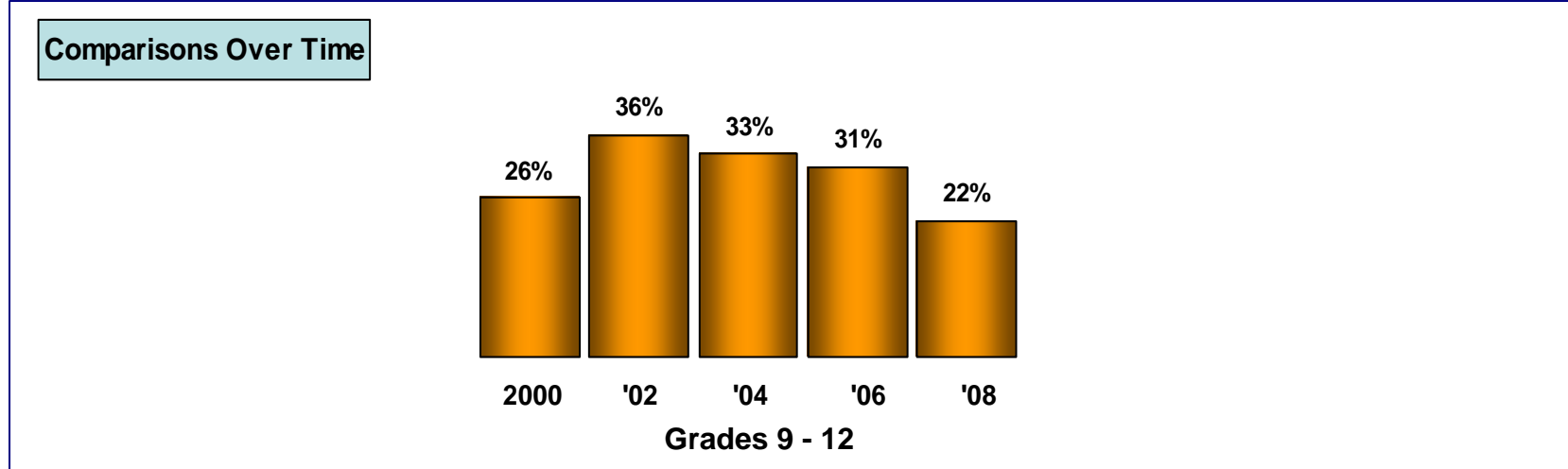
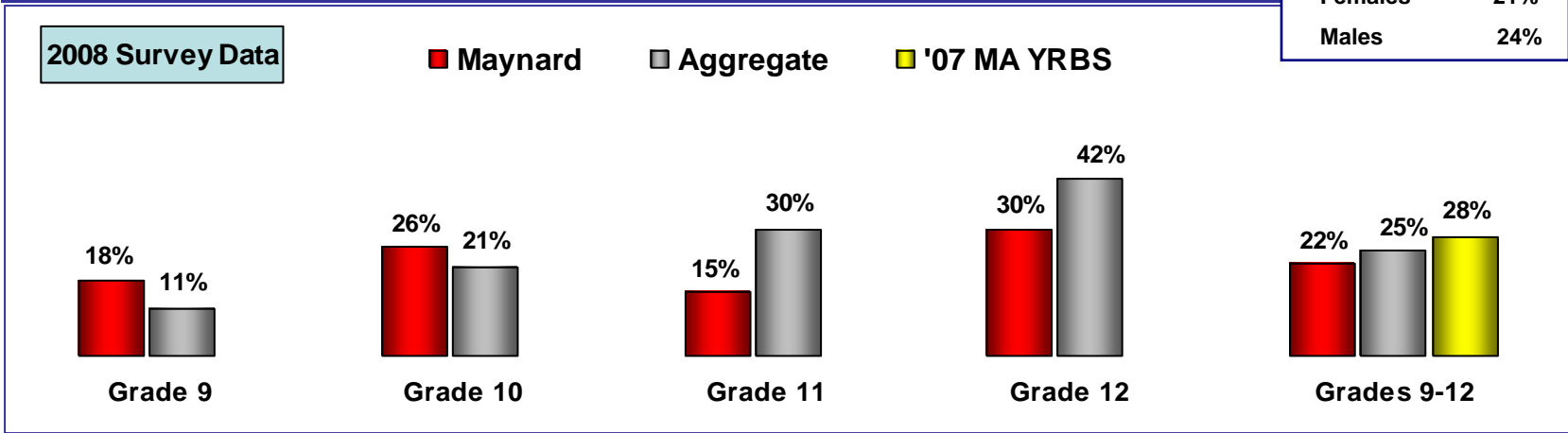


Maynard 2008 YRBS

Alcohol Use

Binge drinking (past month)

Grades 9-12 Combined	
<u>2008</u>	
Females	21%
Males	24%

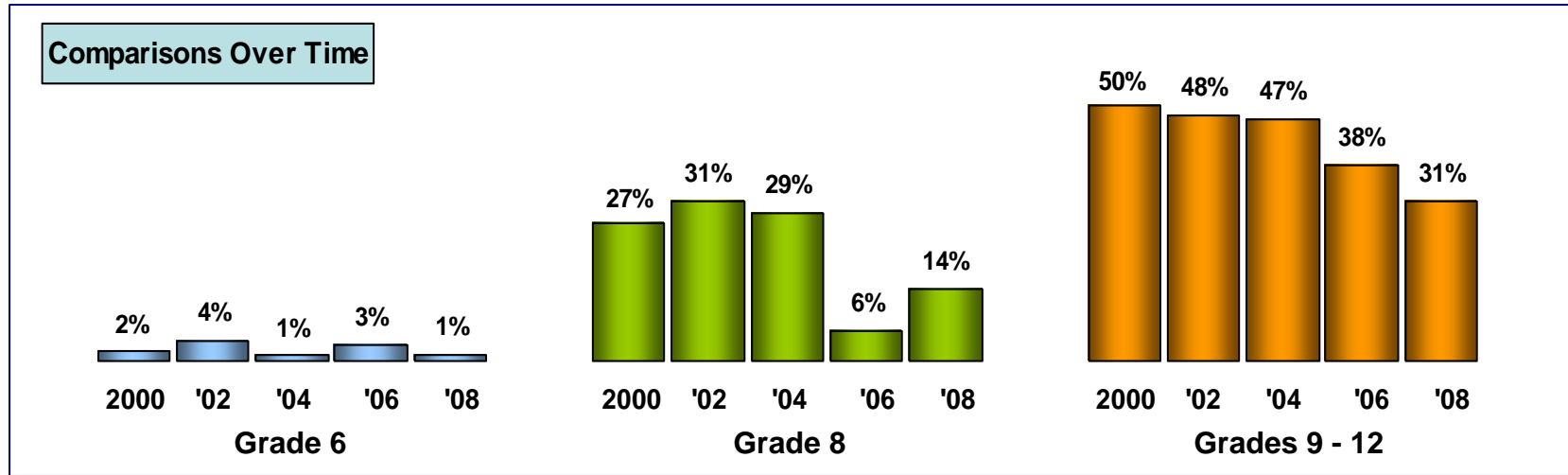
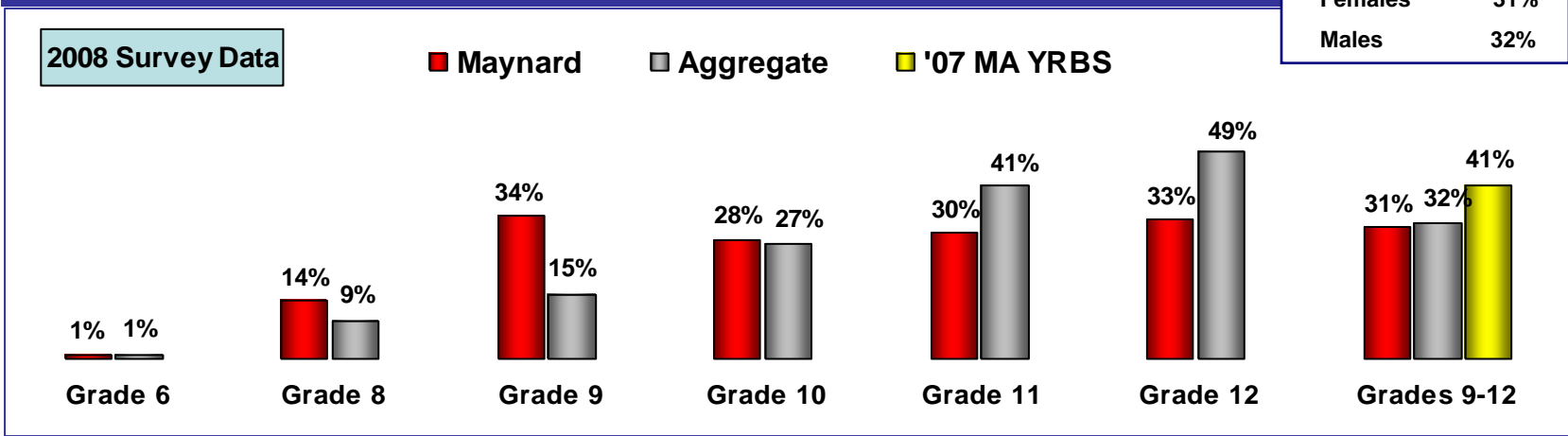


Maynard 2008 YRBS

Illegal Drug Use

Ever used marijuana

Grades 9-12 Combined	
<u>2008</u>	
Females	31%
Males	32%

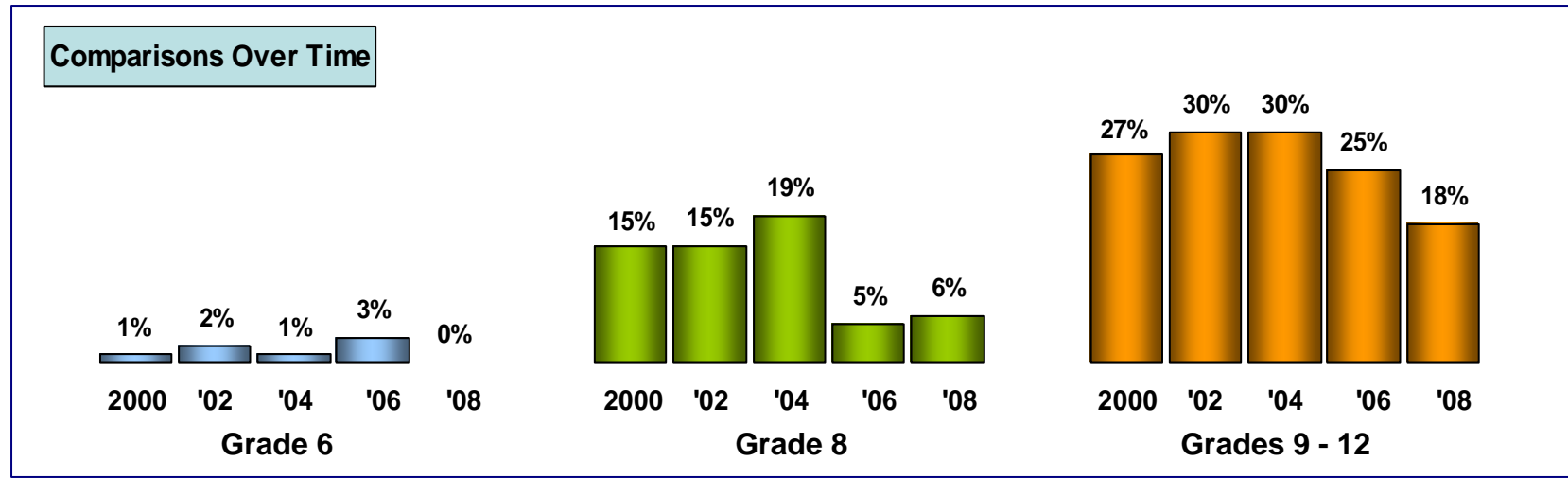
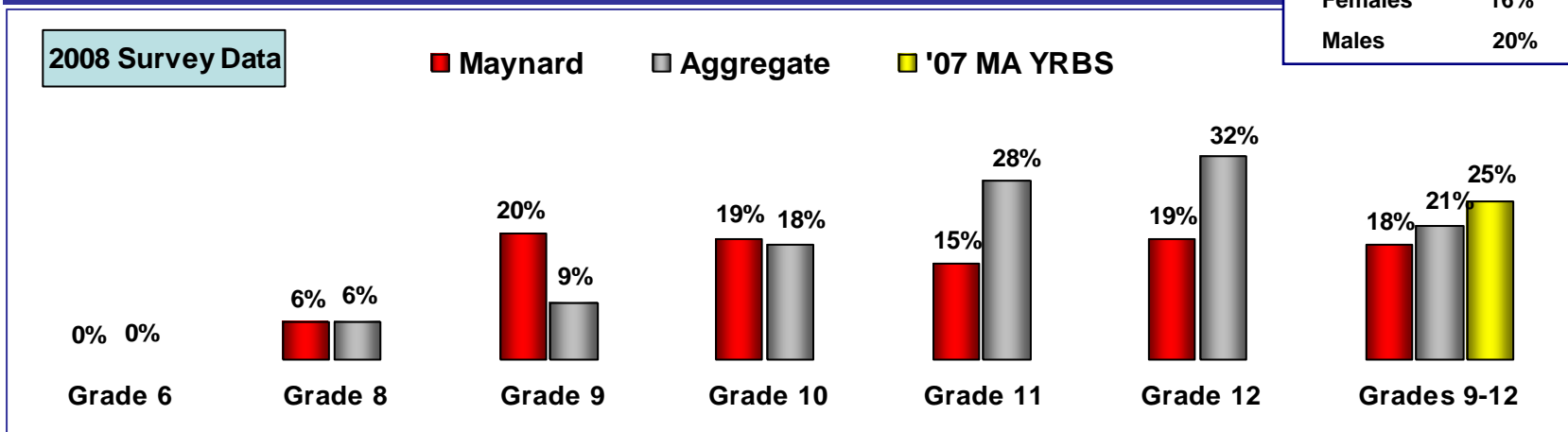


Maynard 2008 YRBS

Illegal Drug Use

Recent marijuana use (past month)

Grades 9-12 Combined	
2008	
Females	16%
Males	20%

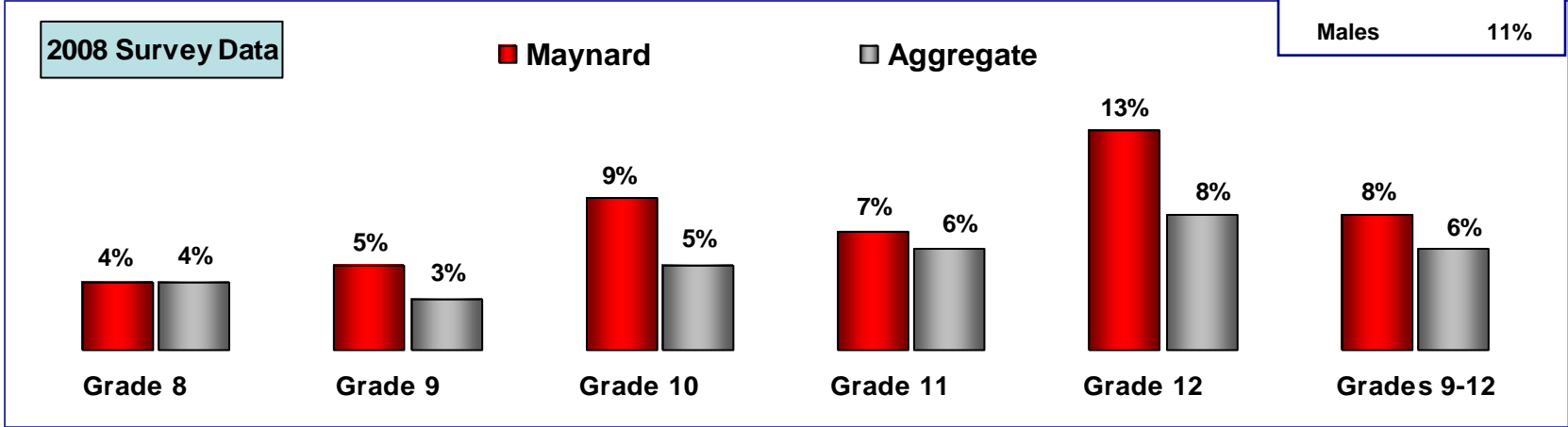


Maynard 2008 YRBS

Illegal Drug Use

Ever used oxycontin without a doctor's prescription

Grades 9-12 Combined	
<u>2008</u>	
Females	4%
Males	11%

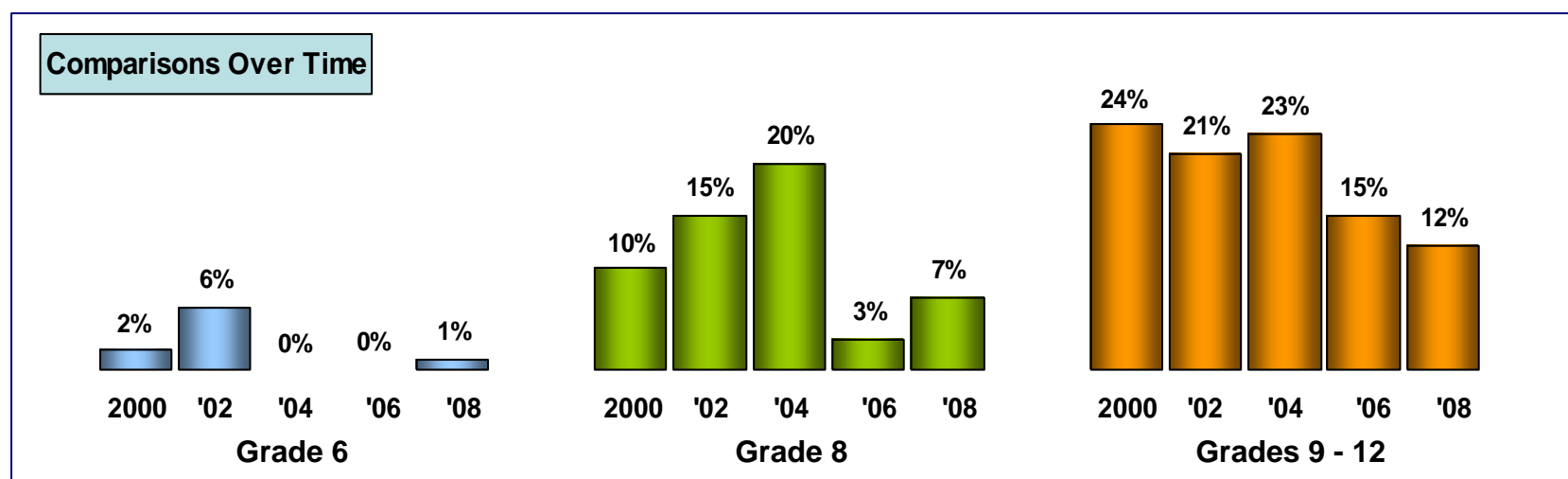
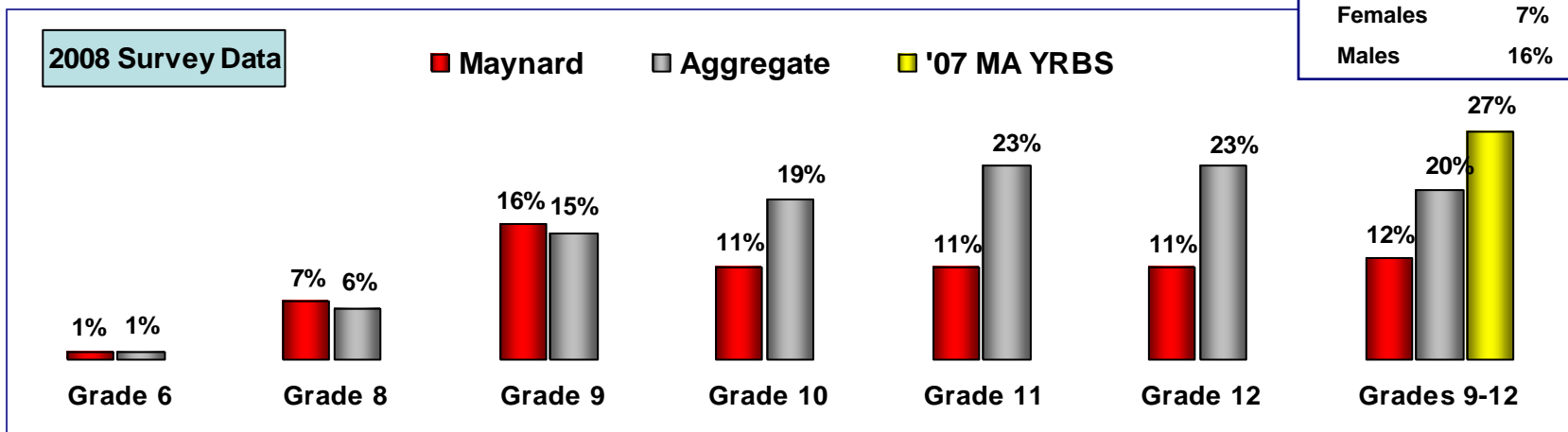


Maynard 2008 YRBS

Illegal Drug Use

*Offered/sold/given illegal drugs on school property
(past 12 months)*

Grades 9-12 Combined	
2008	
Females	7%
Males	16%

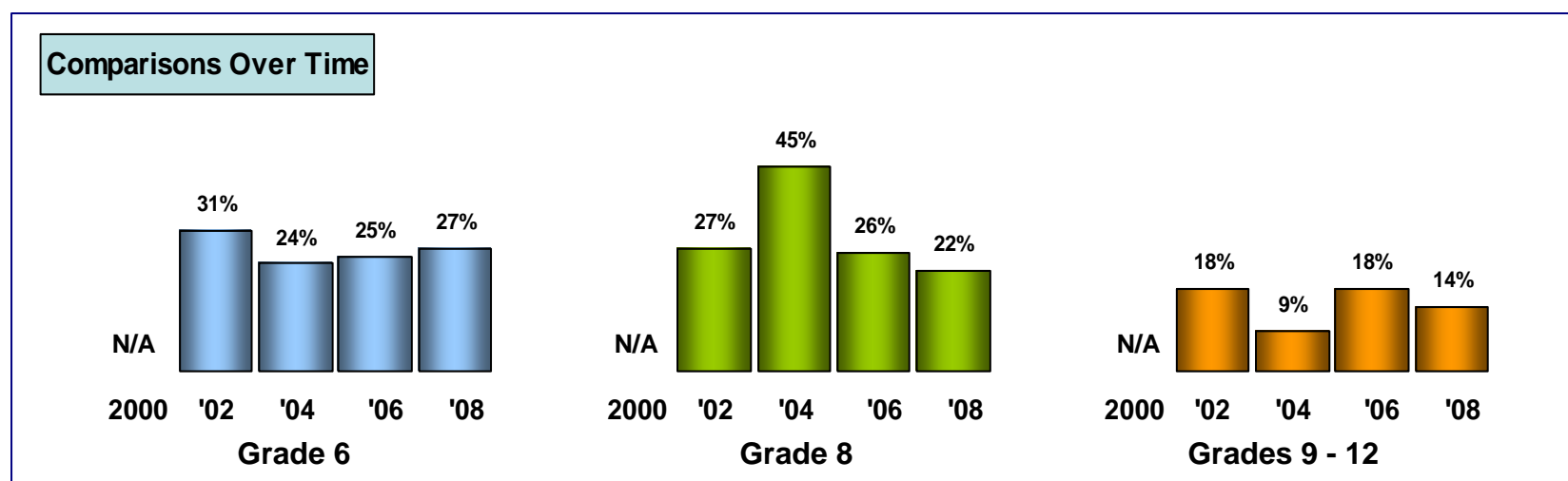
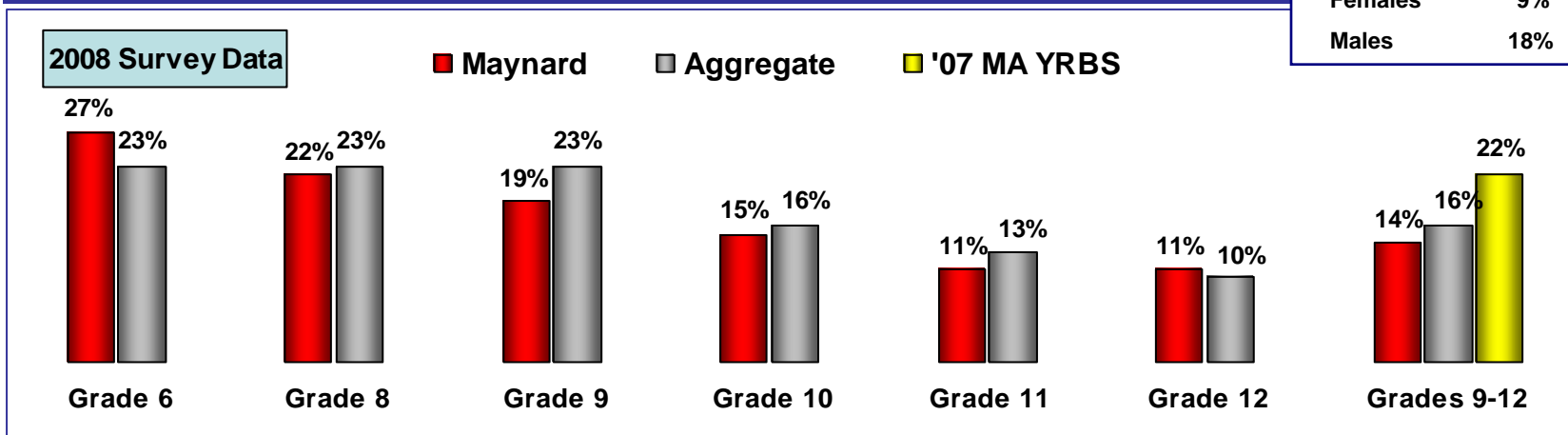


Maynard 2008 YRBS

Violence Related Behaviors

Been bullied in school (past 12 months)

Grades 9-12 Combined	
2008	
Females	9%
Males	18%

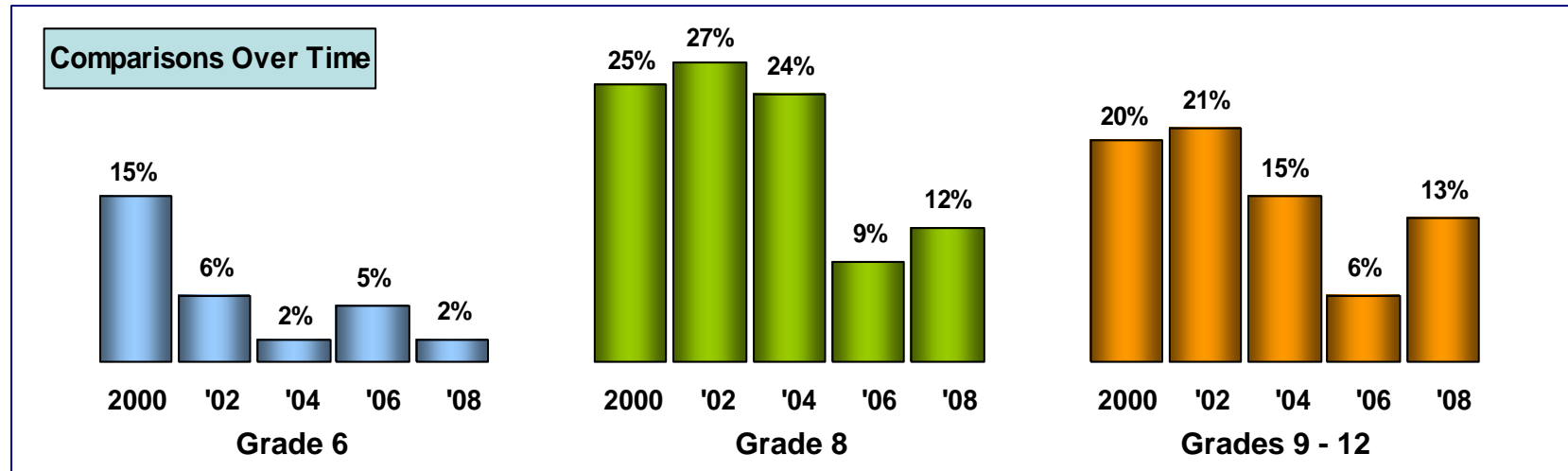
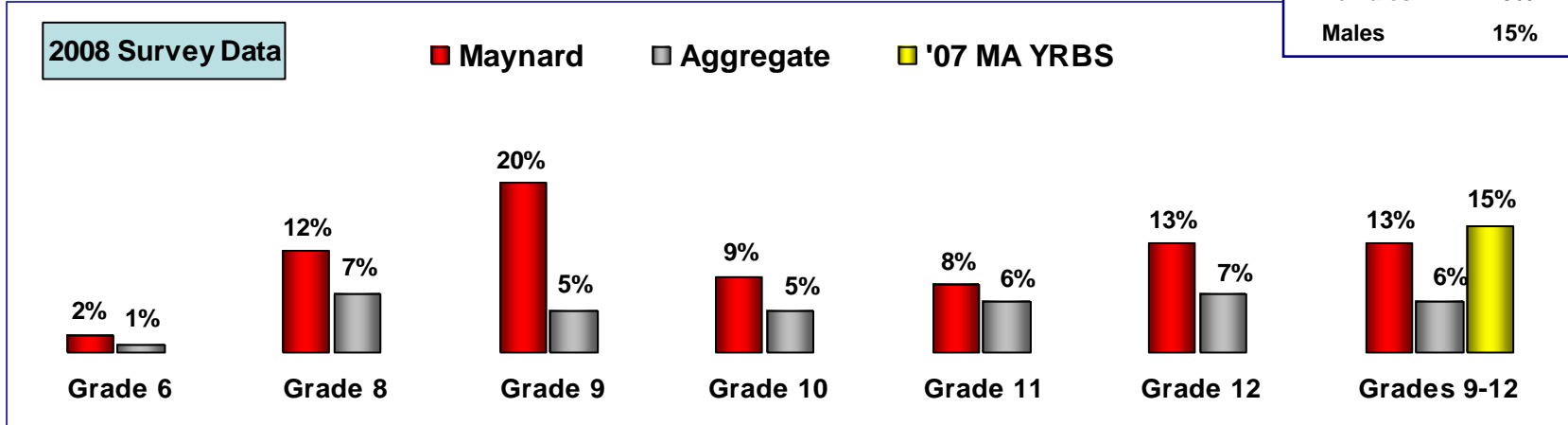


Maynard 2008 YRBS

Safety

Rarely, never wear seatbelt (as a passenger)

Grades 9-12 Combined	
2008	
Females	9%
Males	15%

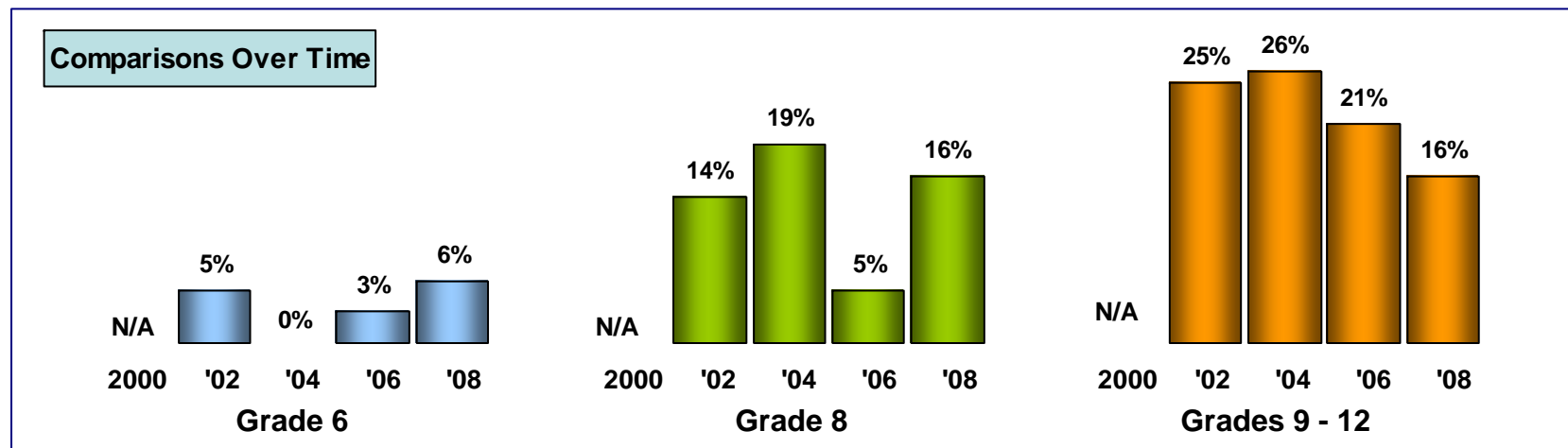
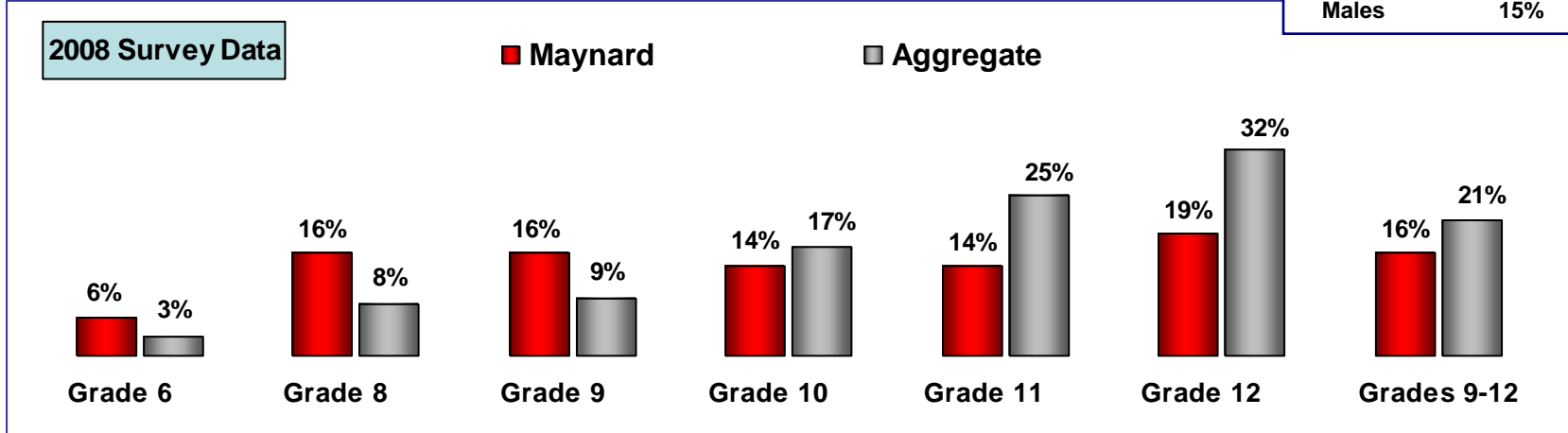


Maynard 2008 YRBS

Safety

*Rode with impaired driver (minor)
(Used alcohol/other drugs) (past month)*

Grades 9-12 Combined 2008	
Females	16%
Males	15%

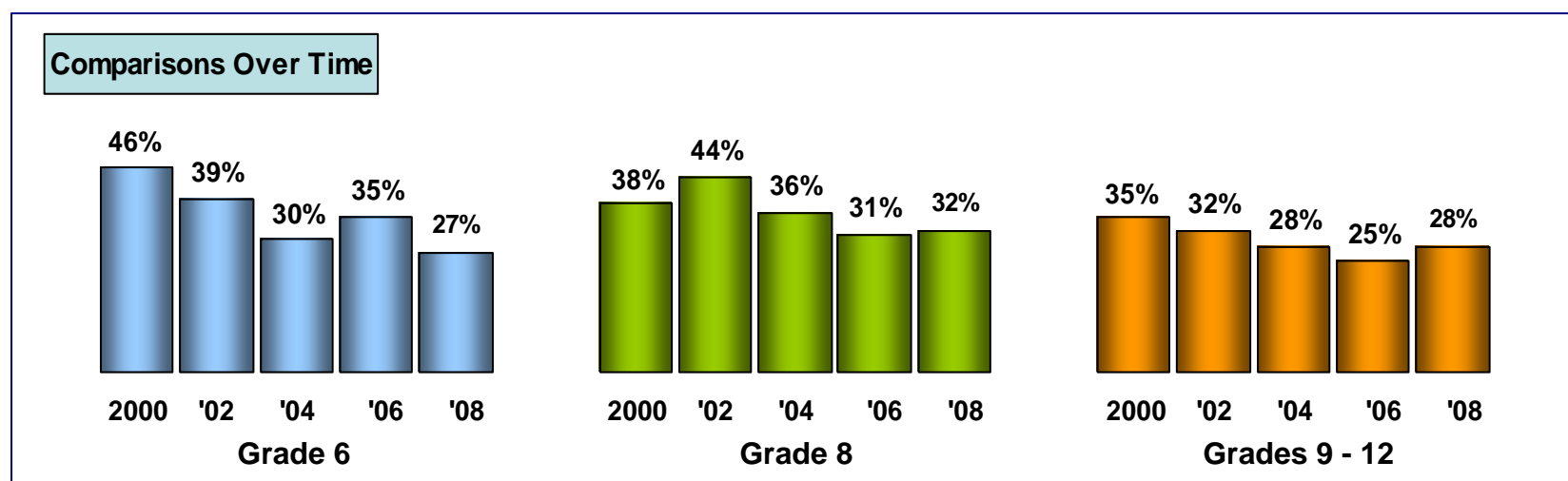
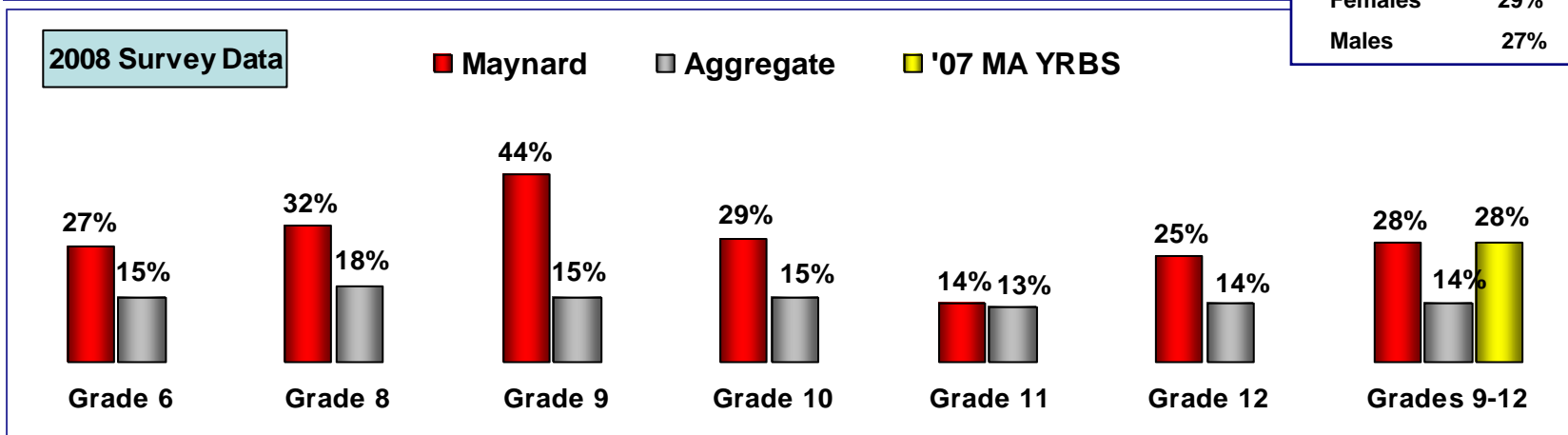


Maynard 2008 YRBS

Physical Activity

Watch TV 3 or more hours/day on an average school day

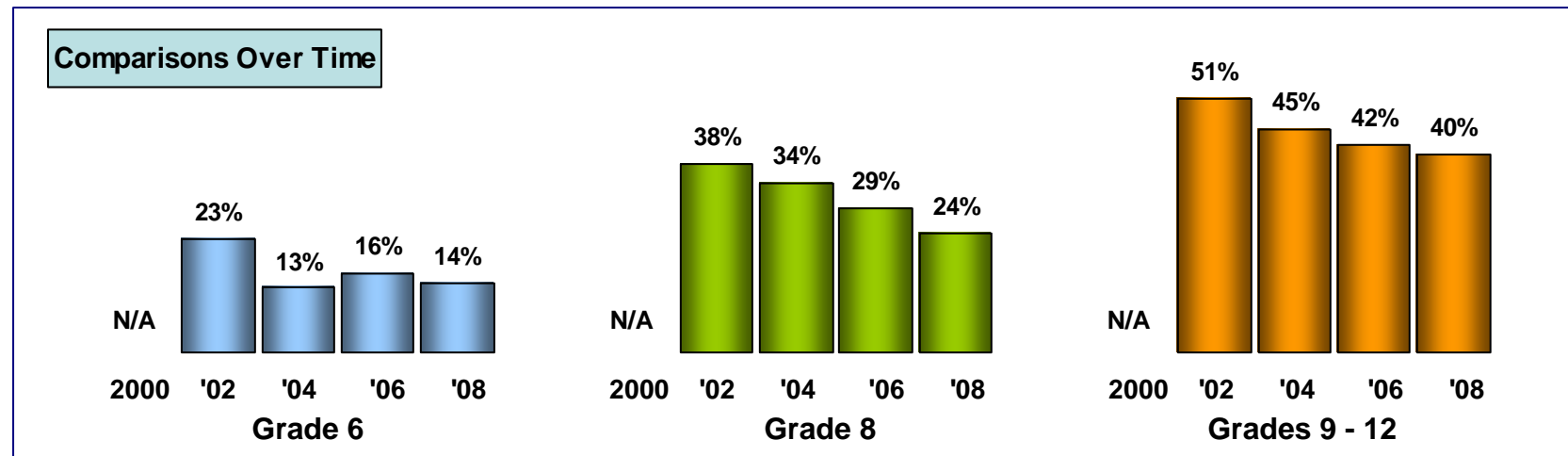
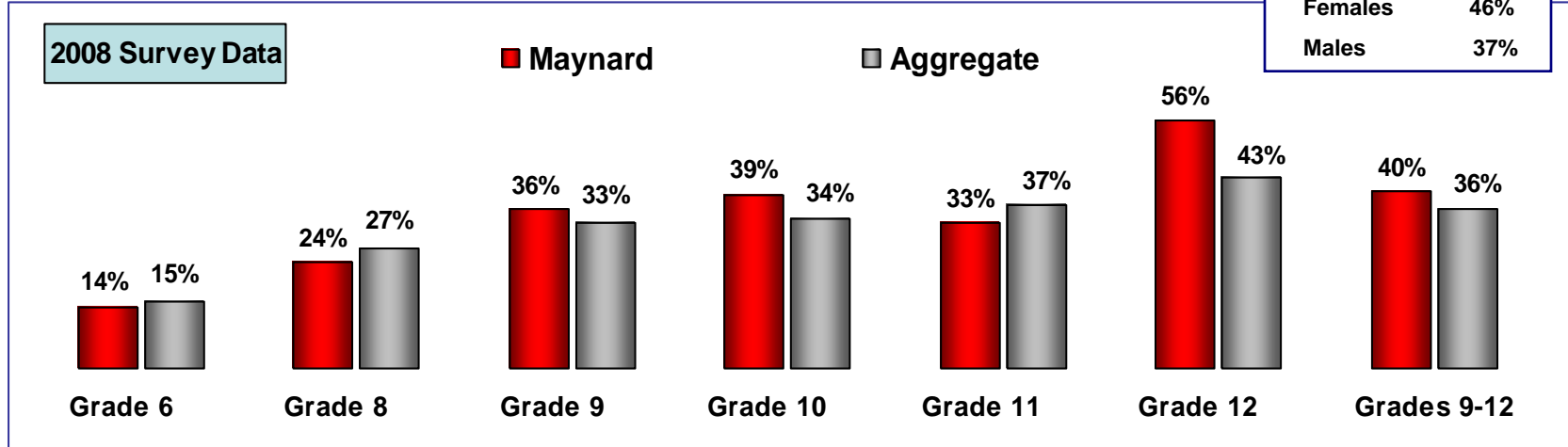
Grades 9-12 Combined	
2008	
Females	29%
Males	27%



Maynard 2008 YRBS

Dietary Behavior

Ate breakfast on fewer than 5 days during previous week



Negative Trends

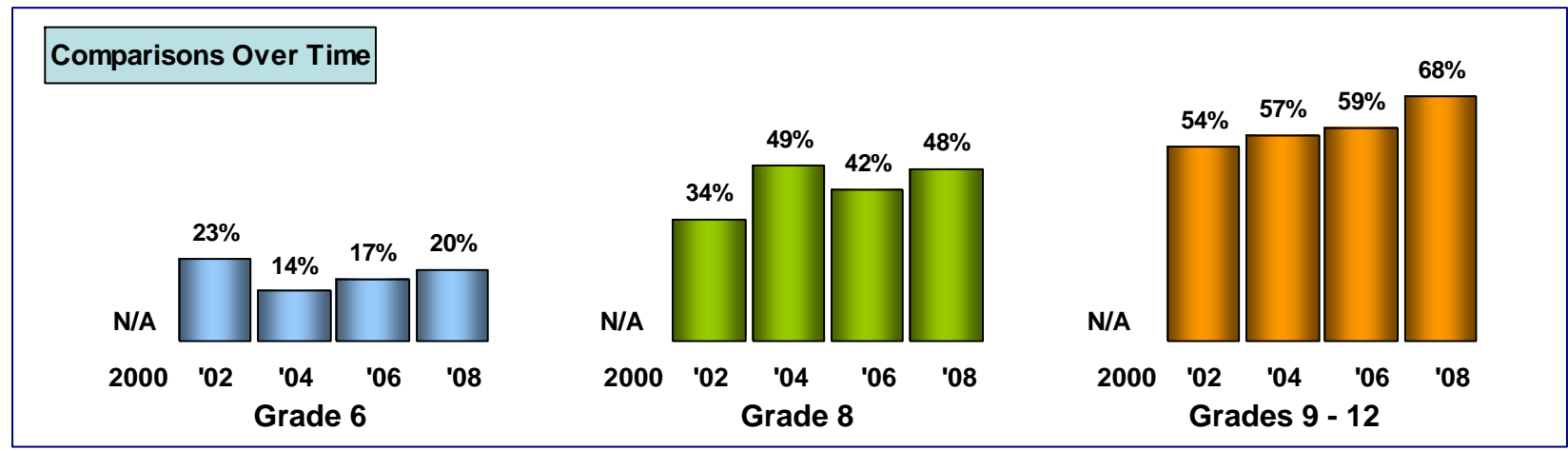
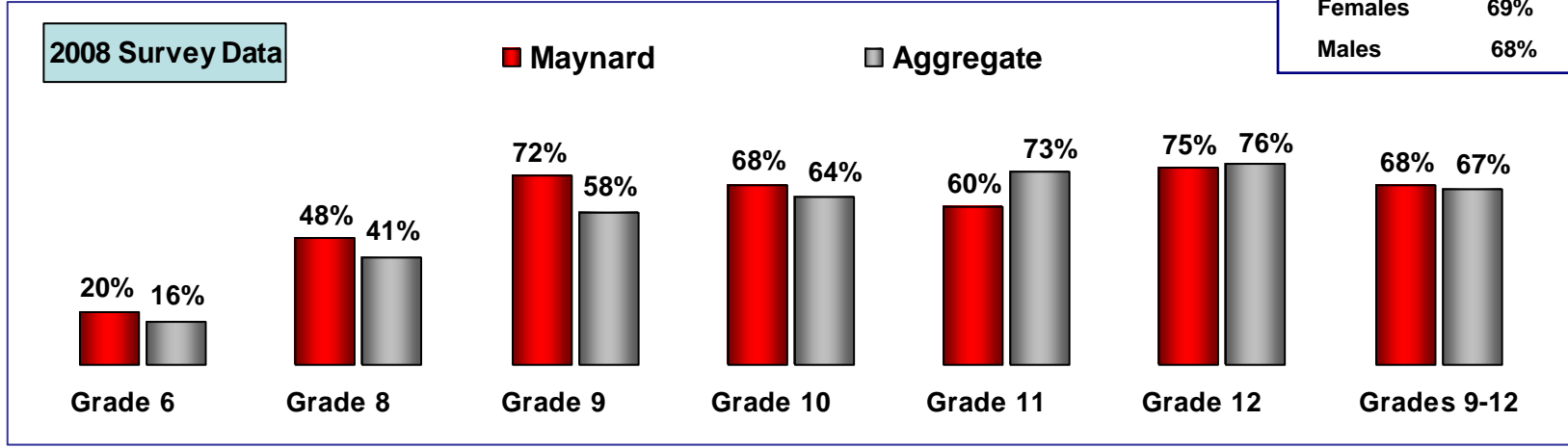
- Sleep
- Smoking cigars
- Suicidal impulses

Maynard 2008 YRBS

Physical Activity

Sleep an average of 7 or fewer hours each night

Grades 9-12 Combined	
2008	
Females	69%
Males	68%

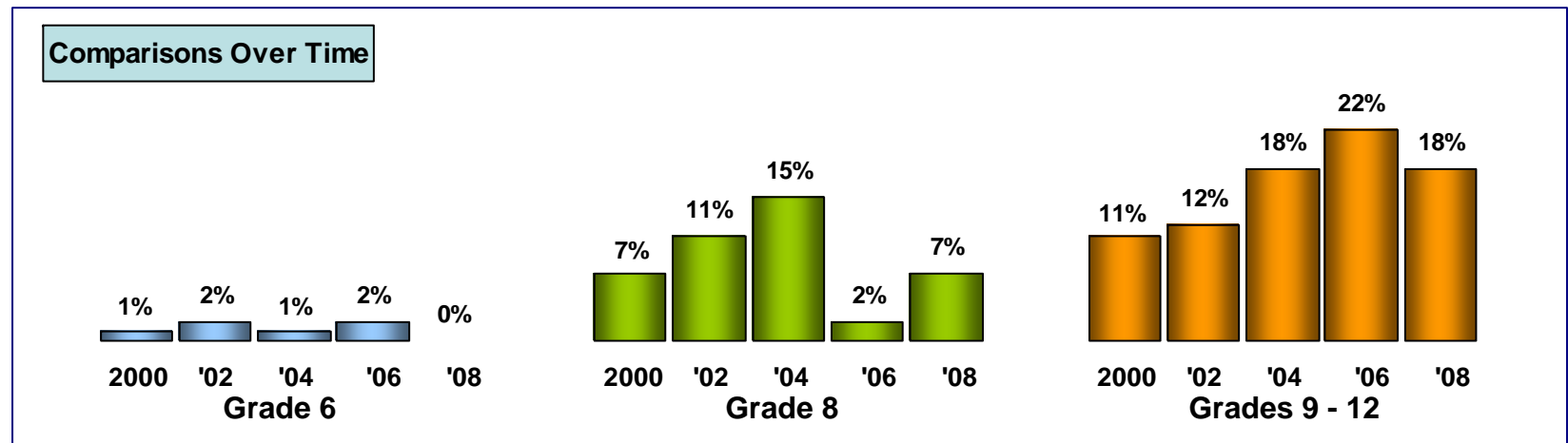
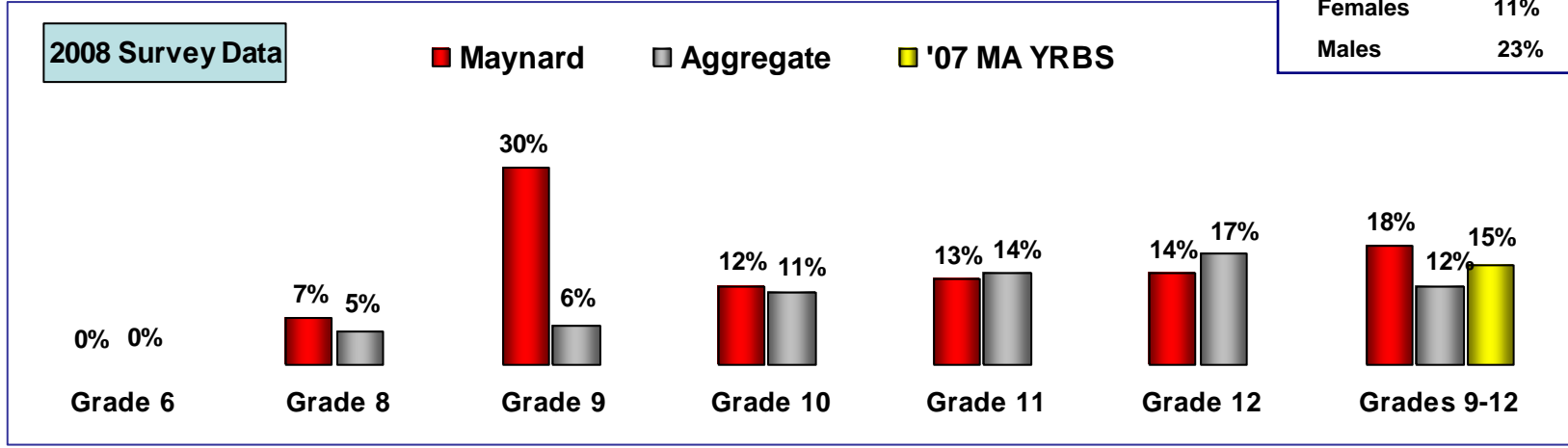


Maynard 2008 YRBS

Tobacco Use

Smoked cigars, cigarillos (past month)

Grades 9-12 Combined 2008	
Females	11%
Males	23%

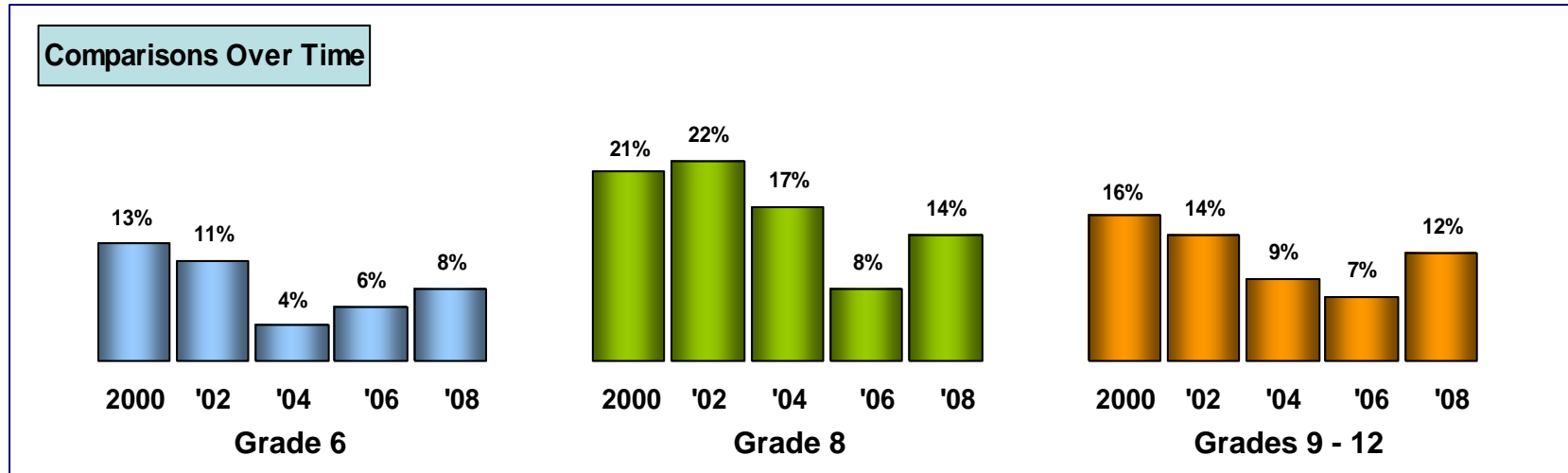
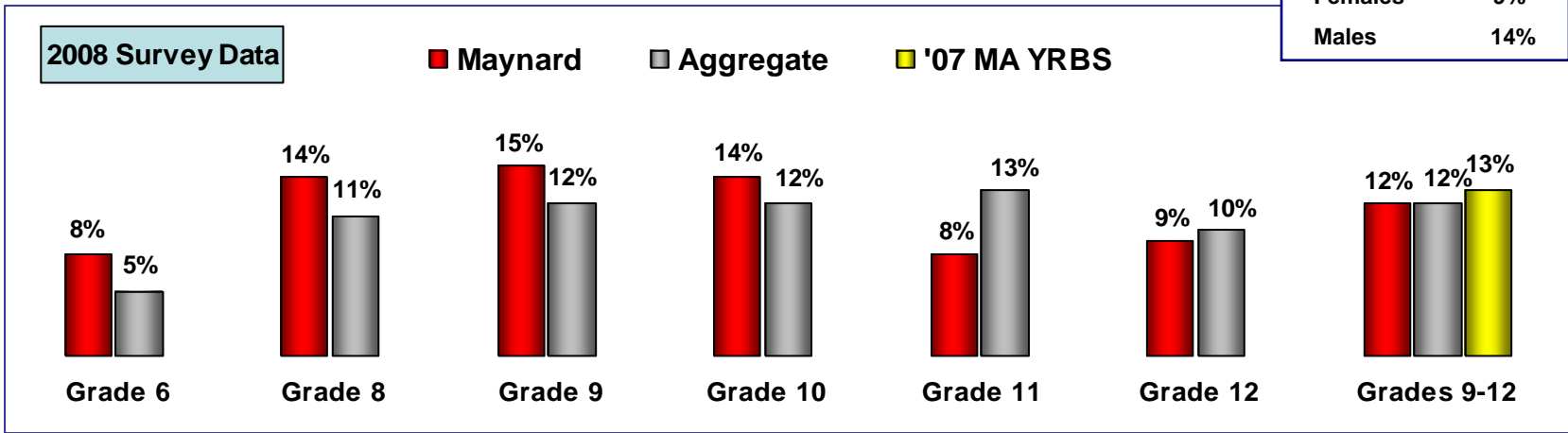


Maynard 2008 YRBS

Suicide

Seriously considered suicide (past 12 months)

Grades 9-12 Combined	
2008	
Females	9%
Males	14%



No Change or Minimal Change

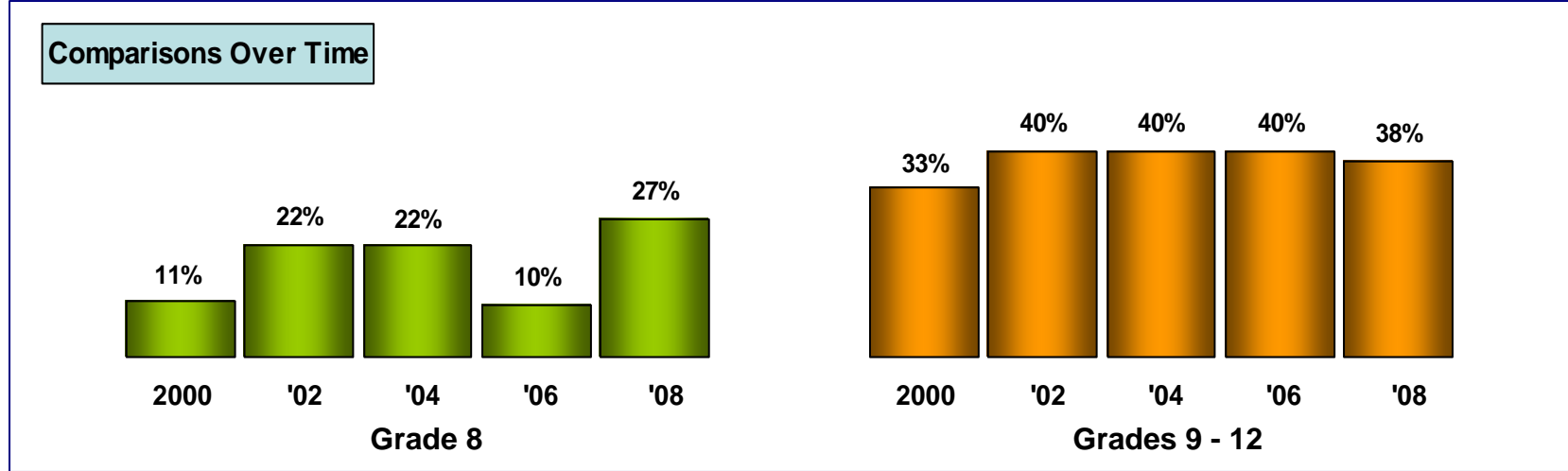
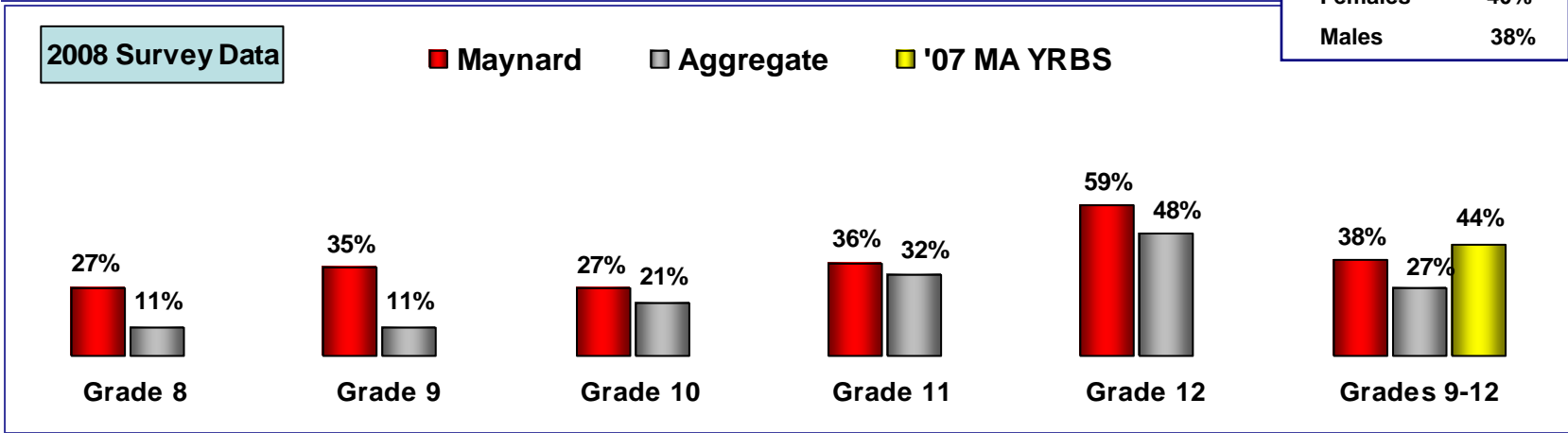
- Sexual activity
- Dating violence
- Carrying weapons
- Exercise

Maynard 2008 YRBS

Sexual Behavior

Ever had sexual intercourse

Grades 9-12 Combined	
<u>2008</u>	
Females	40%
Males	38%

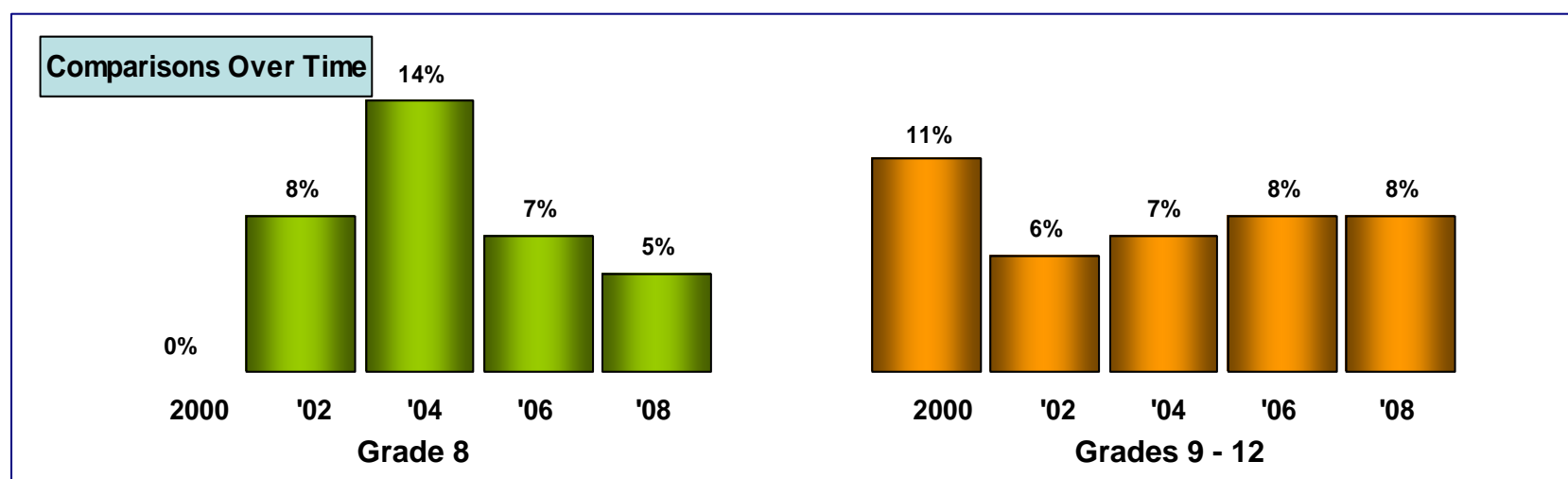
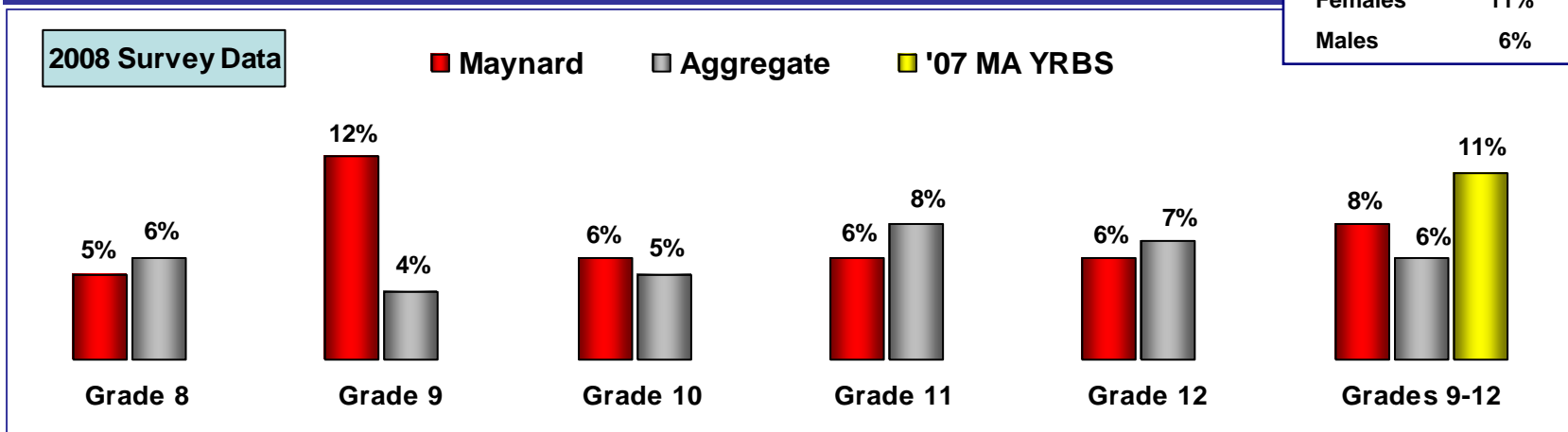


Maynard 2008 YRBS

Violence Related Behaviors

Ever experienced dating violence

Grades 9-12 Combined	
2008	
Females	11%
Males	6%

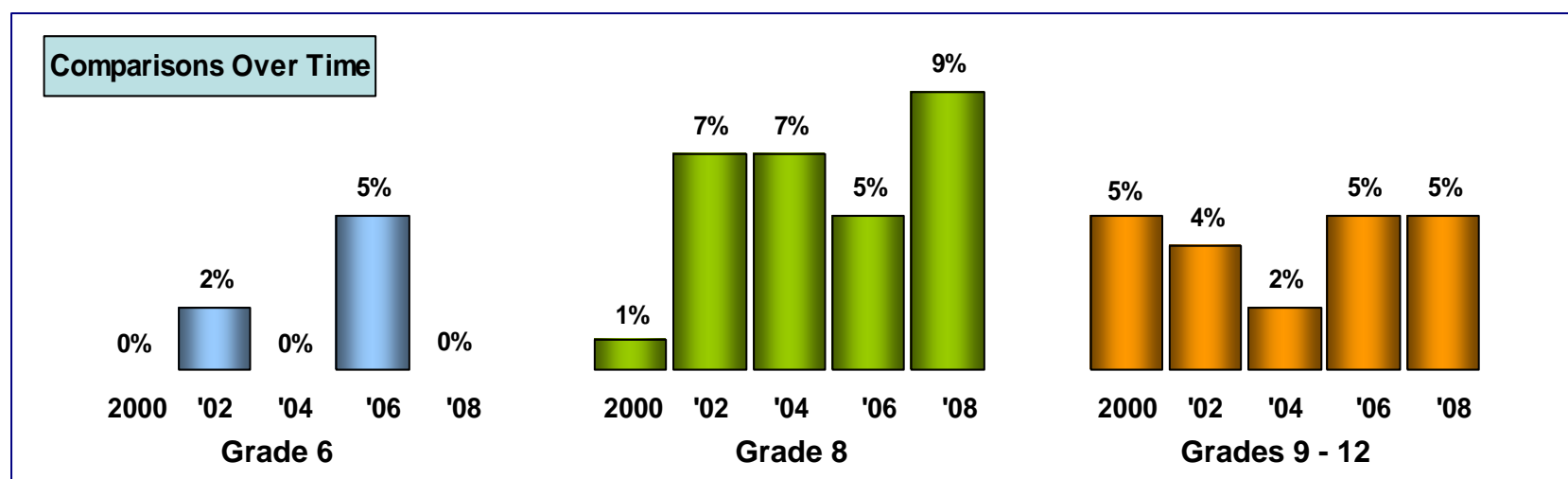
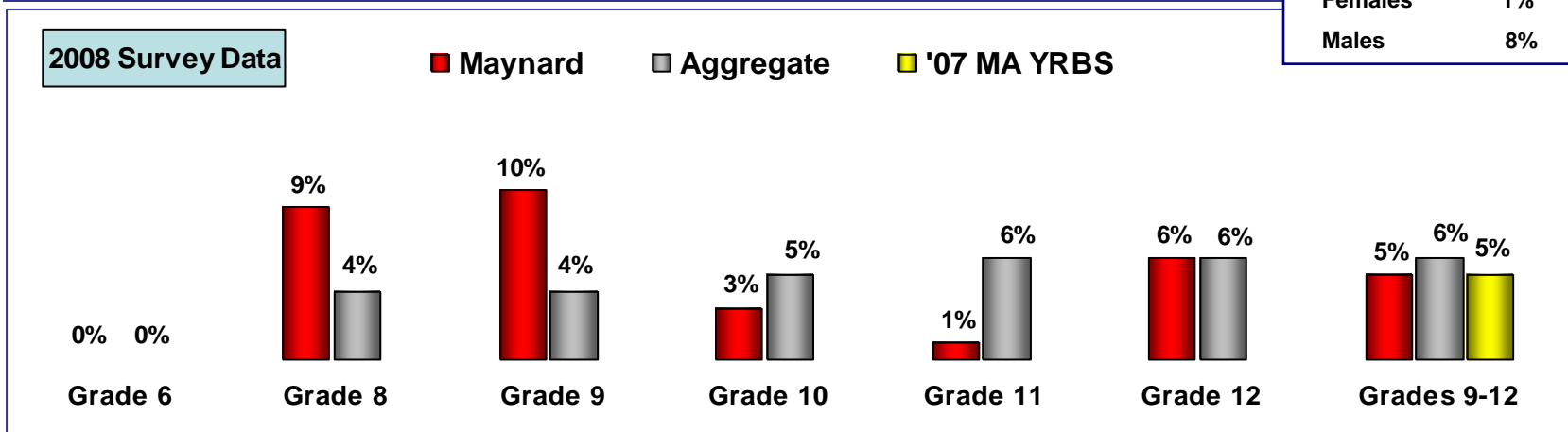


Maynard 2008 YRBS

Violence Related Behaviors

Carried weapon on school property (past month)

Grades 9-12 Combined	
2008	
Females	1%
Males	8%



Maynard 2008 YRBS

Physical Activity

Vigorous physical activity, 3 or more days previous week

Grades 9-12 Combined	
2008	
Females	57%
Males	70%

